Belair Public School Newsletter

Hub of Learning, Excellence and Opportunity for All



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23 February 2021

Take Just Pride

Term 1 Week 5







Term 1- 2021

	February				
24 Zone Swimming Carnival					
	March				
8-26	Parent Teacher Interviews				
15-19	Harmony Week				
15 9am-12pm	Cross Country Years 2-6 Hudson Park				
17	P&C Meeting - AGM				
17-19	Aussie Bush Camp				
22	Athletics Carnival - Glendale				
22-26	Book Fair				

Principal's Message

Greetings Everyone,

Congratulations to Kindergarten students, who managed the kiss and drop and longer day transitions this week wonderfully!

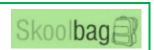
The School Improvement Team met with community members last Thursday to present the findings and recommendations of our situational analysis. Community members then went through a consultation process to formalise the strategic directions of the next 4-year school plan. Great discussions and ideas at the meeting indicated that we all have a similar vision for Belair into the future. The plan is still very much in its draft form and will be published for the public to view at the end of Term 1. Each week I will unpack a piece of the plan so that any opportunities for any further feedback are available.

The 3 strategic direction are:

- 1. Strategic Direction 1: Student Growth and Attainment (this direction is mandated for all NSW schools by the Department of Education).
- 2. Strategic Direction 2: Community and Opportunity
- 3. Strategic Direction 3: A culture of Excellence.







The purpose of these directions is included later in the newsletter. Staff have now aligned themselves to one of these 3 strategic directions and are currently formalising the initiatives to achieve each of these directions over the next four years.

Commencing next week parents will have the opportunity to book an interview time with their child's teacher to discuss their learning. Whether your child attends the interview or you would prefer to meet without them is at your discretion. Student goal setting is an important part of the interview process where parent, child and teacher discuss and establish goals in English, maths and then a third goal that is usually related to work habits, social goals or something else that is seen important for your child to focus on. Details on how to book an interview follow in this newsletter.

At last week's P and C meeting there was a discussion around ways to increase engagement for the parent community to get to know other parents in their child's new 2021 class groups, given difficulties presented while we are still required to abide by both Health and Education Department Covid regulations. This is especially important for new families to our school. One idea was to make parent mobile phone details available to other parents in class groups. The school obviously requires permission to compile and distribute this information. As such the following google form has been set up for you to share your details if you wish. We will collate the information over the next couple of weeks and email class group spreadsheets to participating families. Your details will only be shared within class groups. The form can be accessed through this link:

https://forms.office.com/Pages/ResponsePage.aspx?id=muagBYpBwUecJZOHJhv5kQX1rhREFWZCraLabhQOLalUMkhRVkpJWilCRFc3OVBWUkE4MU9ENU1BVi4u

Have a fantastic week!

Kind regards, Kathie Colley Principal

Parent Teacher Interviews

Interviews will take place over weeks 6,7 and 8.

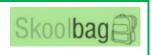
To book an interview you will need to do the following:

- 1. Log into the School Interviews site at https://www.schoolinterviews.com.au/
- 2. Enter the interview event code: xqurq
- 3. Select the teacher you wish to book a time slot with
- 4. Select one of the available timeslots
- 5. Repeat the process for other children in the family.

If you have any difficulty with the booking process please ring the school office for assistance. The teachers at Belair look forward to meeting with you and talking to you about your children's learning.







The Belair Learning Hub

The Belair Learning Hub has been updated and is ready for you to access through the link: https://sites.google.com/d/1eJsel17wyNvP33PAOzdMS6Dmka153Xxq/p/16-tR6Po4q-NTRITtAgVsTyNI1vVCDv7k/edit Through this link you will be able to open the tab of your child's class, see a photo of your child's teacher, access the class organisation information and various learning resources.

Harmony Day

Harmony Day is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world. By participating in Harmony Day activities, we can learn and understand how all Australians from diverse backgrounds equally belong to this nation and enrich it.

We are inviting a small number of parents to classrooms to share some knowledge and background about their culture. If you are available between March 15th to the 19th and interested in being a part of this could you please email Mrs Bale at Keira.mccarthy@det.nsw.edu.au

We hope to see you there!!

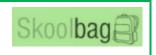
COVID-19 Protocols 2021:

Please read carefully as there are some changes to the restrictions that apply this year:

- * Parents are still not permitted on school grounds or at school events without invitation. Kiss and drop pick up and arrival practices remain in place. (Kindergarten can drop off and pick-up in the Kinder Cola until the end of Week 4, please QR code at Cynthia or Carolyn Street gate).
- * No entry for parents or visitors through Terence Street Gates, except for OOSH drop off/pick up. These gates will be locked between 9:10am and 3pm. If you are running late for school students need to enter through Carolyn or Cynthia street gates to sign in through the office. Visitors are to enter through Carolyn Street and make their way directly to the office.
- * **All visitors** and external to school providers must adhere to relevant hygiene, distancing and safety protocols as follows:
 - a. **ALL visitors** must report directly to the office (this includes visitors to the uniform shop on Monday mornings).
 - b. At the office all visitors will be required to and
 - c. Office staff will ask you to sign an external visitor form, sign in using QR code and take you through hygiene protocols
 - d. A visitor's sticker must be worn while on site (this will confirm you have followed the protocols at the office for staff members on site)
 - e. All adults must maintain physical distance from each other (1.5m) while on site and including pick up and drop off arrangements where parents are asked to physically distance outside the school gates.







Voluntary Contributions

Turn this into.....this @







Congratulations everyone, voluntary contributions have been coming in thick and fast!!

We are very close to our target to have the funds to resurface the large cola outside the library. The P&C have also contributed \$10000 dollars towards the project so we are almost able to accept the quote and book the work in. It would be great timing if we could get this done over the end of Term 1 holidays.

The plan is to resurface the basketball court area similar to the picture, and then use synthetic turf to cover the rest of the area that extends under the current shade sail.

It will be exciting to transform this area to a wonderful play space for our students.

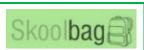
Zone Swimming

Good luck to the swimmers who met the qualifying times and will compete at the Newcastle Zone Swimming Carnival at Lambton Pool tomorrow.









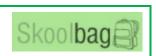
Approximate School Costs 2021

Please find attached approximate costs associated with each Stage for 2021. These are based on 2019/2020 (due to Covid) so prices so may change for 2021.

We are hoping by providing this list to you that this will assist you in preparing for the various costs throughout the calendar year.

Excursions/Activity	Year	Time of Year	Cost
Aussie Bush Camp	Y4	Term 1	\$ 292.00
Athletics Carnival	Whole school	Term 1	\$ 12.00
Band - Students with own inst.	Y3 - Y6	Term 1	\$ 120.00
Band - Students without inst.	Y3 - Y6	Term 1	\$ 145.00
Band - 2nd Family member with own inst.	Y3 - Y6	Term 1	\$ 95.00
Band - 2nd Family member without inst.	Y3 - Y6	Term 1	\$ 120.00
Bookpacks	Kinder	Term 1	\$ 57.00
	Y1	Term 1	\$ 101.00
	Y2	Term 1	\$ 102.00
	Y3	Term 1	\$ 78.00
	Y4	Term 1	\$ 78.00
	Y5	Term 1	\$ 78.00
	Y6	Term 1	\$ 78.00
Belair Dance Groups - selected students	Y3 - Y6	Term 1	\$ 85.00
Voluntary School Contribution	Whole school	Term 1	\$ 48.00
Year 6 T-shirt	Y6	Term 1	\$ 33.00
Belair Dance Groups - selected students	Y3 - Y6	Term 2	\$ 85.00
Canberra Excursion	Y6	Term 2	\$ 370.00
Life Education	K - Y4	Term 2	\$ 10.00
Moving into the Teens	Y5 - Y6	Term 2	\$ 30.00
Starstruck - selected students	Y5 - Y6	Term 2	\$ 197.50
Starstruck T-shirt	Y5 - Y6	Term 2	\$ 22.00
Starstruck Hoodie	Y5 - Y6	Term 2	\$ 45.00





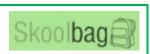
Excursions/Activity	Year	Time of Year	Cost
Authors Lunch - selected students	Y5 - Y6	Term 3	\$ 18.00
Band - Students with own inst.	Y3 - Y6	Term 3	\$ 120.00
Band - Students without inst.	Y3 - Y6	Term 3	\$ 145.00
Band - 2nd Family member with own inst.	Y3 - Y6	Term 3	\$ 95.00
Band - 2nd Family member without inst.	Y3 - Y6	Term 3	\$ 120.00
Belair Dance Groups - selected students	Y3 - Y6	Term 3	\$ 85.00
Book Week Perf/Workshops	Whole school	Term 3	\$ 7.00
Hunter Wetlands	Kinder	Term 3	\$ 20.00
Reptile Park or Tocal Homestead	Stage 1	Term 3	\$ 25.00
Belair Dance Groups - selected students	Y3 - Y6	Term 4	\$ 85.00
Enrichment/Discovery Challenge	Y6	Term 4	\$ 15.00
Newcastle Excursion	Y3	Term 4	\$ 12.00
Swimming Carnival - some students fr Y2	Y3 - Y6	Term 4	\$ 12.00
Swimming School	Y2	Term 4	\$ 95.00
Sydney Excursion	Y5	Term 4	\$ 60.00
Year 6 Farewell	Y6	Term 4	\$ 15.00
Xmas Party Days	Kinder	Term 4	\$ 4.00
	Stage 1	Term 4	\$ 12.00
	Stage 2	Term 4	\$ 20.00
	Stage 3	Term 4	\$ 20.00

With Excursions for the 2021 calendar year, in most cases, a deposit will be required followed by Stage payments. If payments cannot be made by the due date, we will require notification to the Office or Teacher/Principal so a payment plan can be implemented for your child. If we do not receive notification, we will assume your child will not be attending the excursion.

If you have any questions regarding the list above, please do not hesitate to call the Office on 4952 1735.







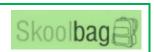
Belair PS - Term 1 2021

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Term One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	25 January	26 January Australia Day Holiday	27 January Staff Development Day	28 January Staff Development Day	29 January Years 1-6 Return to School Kindergarten Best Start	30 31 Feb
2	1 February Kindergarten Best Start	2 February Kindergarten Best Start	3 February Kindergarten First Day- Staggered start times	4 February Prefect Induction	5 February Kinda Drop Off Cuppa	6 7 Feb
3	8 February	9 February	10 February	11 February	12 February	13 14 Feb
4	15 February	16 February	17 February P&C Meeting	18 February	19 February Whole School Assembly	20 21 Feb
5	22 February Kinder finishing 3.00pm	23 February	24 February Zone Swimming Carnival Kindergarten Photos 9.00am – 10.30am	25 February	26 February	27 28 Feb
6	1 March Parent Teacher Interviews	2 March Parent teacher Interviews	3 March Parent teacher Interviews	4 March Parent teacher Interviews	5 March Parent teacher Interviews	6 7 Mar
7	8 March Parent Teacher Interviews	9 March Parent Teacher Interviews	10 March Parent Teacher Interviews	12 March Parent Teacher Interviews	12 March Parent Teacher Interviews	13 14 Mar
8	15 March Parent Teacher Interviews Harmony Week Cross Country 2-6 9.00am-12.00am Hudson Park	16 March Parent Teacher Interviews Harmony Week	17 March Aussie Bush Camp P&C Meeting- AGM Parent Teacher Interviews Harmony Week	18 March Aussie Bush Camp Parent Teacher Interviews Harmony Week	19 March Aussie Bush Camp Parent Teacher Interviews Harmony Week	20 21 Mar
9	22 March Athletics Carnival - Glendale	23 March	24 March	25 March	26 March Whole School Assembly	27 28 Mar
10	29 March	30 March	31 March	1 April Last Day Term 1	2 April Good Friday	3 4 Apr







Deputy Principal's Message

On Friday morning I was on gate duty down at Cynthia Street. I was so proud of some very grown up kinder kids (and their very brave mums and dads) who practised walking into school all on their very own. They were so excited and it was really a pleasure chatting with them as they literally skipped in through the gate to go and hang up their bags. Keep up the fabulous work Kindergarten!

Attendance Update

Weekly attendance target = 95.1%

Weekly attendance for Week 4 = 92.35%

(Including partial absences)

Week	Total No. of Partial Absences	% Late arrivals	% Sick leave for appointments	% sent home sick from school	% leaving early for family holiday	% other
2	52	16 – 31%	15 – 29%	14 – 27%	1 – 1.5%	6 – 11.5%
3	48	18 – 37.5%	17 – 36%	7 – 14.5%	1 – 2%	5 – 10%
4	52	20 – 38.5%	12 – 23.1%	13 – 25%	3 – 5.8%	4 – 7.6%

Below is a table that outlines each class's percentage of attendance for Week 4, based on whole-day attendance **and** partial absences. Our school target is 95.1% attendance.

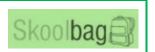
KB – 95.56%	KM – 94.44%	KZ – 99%	1B – 90.43%	1S – 98.26%	1/2M – 97.27%
2C – 91.2%	2H – 95.38%	2/3E - 94.81%	3B – 90.67%	3/4L – 92.59%	4A – 91.11%
4B – 87.59%	5B – 93.57%	5G – 91.42%	5/6F – 80.71%	6P – 85.52%	6W – 92.67%

Kind regards, Sarah Jardine Deputy Principal (Rel.)









Spelling Mastery - Mrs Jardine's Group

11 students from Years 4-6 completed Level F of spelling mastery at the end of 2020. This year they are working towards taking more risks in their writing by increasing the sophistication of their vocabulary.

In Week 4, they were tasked with a 100-word challenge. They were given a picture as stimulus and quickly discovered it is actually quite tricky to limit a piece of writing to 100 words. Here are a few samples from students who were happy to share!



The path was worn and murky even though no human had ever trodden upon it. She had trudged for months and now sensed that the end was near. She accelerated in excitement. The track suddenly got annihilated ahead of her. She whirled around, completely unprepared for what she was about to see...

The creature left no shadow, though it was solid. The sun burned down hard yet when the creature appeared, the atmosphere was blisteringly cold. To say the creature was nightmarish would be an understatement. It was a kaleidoscope of monsters. Smash! She was knocked into the abyssal depths.

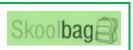
The old lady had been marching along the murky depths upon the path ahead. She had no excuse to stop now, she'd already reached the beginning. Up in front of her there was a creaky old railway, double the age of herself. The zephyr of the wind slightly nudged the rail, making it sway with the rough sound of the wind. She dropped her stick in awe. She'd already seen it before, but it was better in person. She picked up her brown stick. She felt the railway to signal her climb starts now.... She fell downwards into the depths... by Micah

She was leaning heavily against her gnarled oak stick, gasping breathlessly, mist rising in the freezing air. She came to a sudden halt. To an ordinary onlooker, it would seem as though she had stopped for no reason at all. But not to her. She could see the meandering, rickety bridge that had mostly crumbled away and twisted up into the darkening sky. She leaned forward until her hands grasped the edge, then stepped forward onto the first rotting, groaning plank. As she advanced towards the sky, she gazed upon her world, wondering if it would be the last time. By Sammy

I ran, I ran and I ran, blood rushed through my head, adrenaline pumped through my veins. I could barely believe what was happening. It was really real. I climbed up as fast as I could, alive skeletons tugged at my socks – doing anything they could to make me fall down into colossal nothingness. The tortured ladder crumbled beneath the horrendous skeletons. Was this a nightmare? A monstrous tower of pitch-black shadow descended upon the adder. The skeletons started to retreat down the ladder as I climbed up onto land. I could tell they were scared, but, of what? By Heloise







"I don't think I can go any further..." I collapsed onto the ground, I'd been walking for hours. I just had to go that little bit further. A few minutes later I was stopped in my tracks by a massive ladder. "I've...made...it...." I fell backwards, exhausted from the journey it took to get here. "Well, I guess it's time to climb..." I grabbed onto a rung. I was halfway up the ladder when I felt shaking. Probably just me, I thought to myself. But then I felt it again. I heard footsteps from below. Then a crack...HELP ME! By Leroy

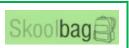
The curious girls waltzed along the foggy rail line. As much as her muscles and bones ached, she kept on going. The railway twisted and turned into the grey sky. What was going on? It was bewildering how the rollercoaster-like line and no support while she ascended into the high mountains. She wanted not to look down but it was hard. Then her eyes glanced down. She tried to het unhooked from the grip of the height. Just like a fish snagged on a hook, she was stuck. As she was looking down, she kept moving. And then, she slipped.

The wooden ladder creaked and ached, much like the climber's bones. Her scarf blew in the screaming wind, tears forced out of her amber eyes. She didn't dare look down. RIP! The bottom of her scarlet stockings ripped. She urged herself on, if she reached the top she would gain her prize – immortality. Finally, Stella reached the top and climbed into the clouds. A bright aura surrounded her. "Thank you," she mumbled. Stella descended from the clouds on a zephyr, the moonlight illuminating her angel like beauty. Her hair was made of sunlight and joy. She was a god. By April

"Ah, what a beautiful summer morning," sighed Alice. Little did Alice know that today wasn't going to be one of her normal Sundays. Alice decided she'd do a walk. Once she got to the start of the walk, she realised something was different. The sky had turned a musty brown colour. Once she started the walk, she came to a fork in the path. Which way would she go? Finally, Alice chose to go left though she had a bad feeling. Alice kept on walking – every step she took the dirt walls seemed to close in on her, trapping her.







Kindergarten Report



Congratulations to all our Kindergarten students for showing courage and resilience when arriving at school this week. They were very responsible in saying goodbye to parents and carers at the school gate and walking into school by themselves or with friends and siblings.

Home reading folders were sent home this week. A reminder to families to record each night their child reads, not each book. For every 25 nights of reading students will receive an award at the weekly K-2 assembly. At these stage students are learning to blend sounds to read words and are also starting to learn some sight words which are remembered as often they cannot be blended. 'C-a-t' can be blended while 'was' is an example of a sight word. Home reading should be enjoyable and books can be read together rather than independently at this stage.

Teachers will be more than happy to discuss what learning to read looks like at the upcoming parent teacher goal setting interviews.



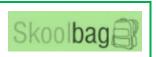






















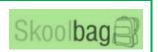




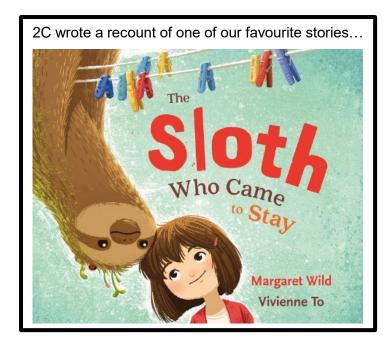




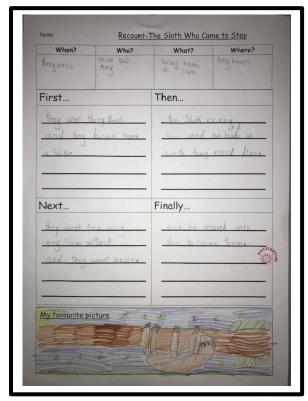


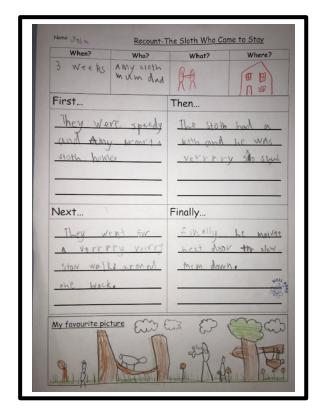


Stage 1 Report







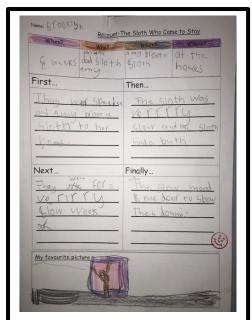




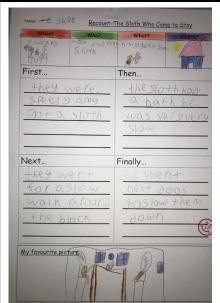


















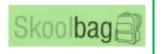






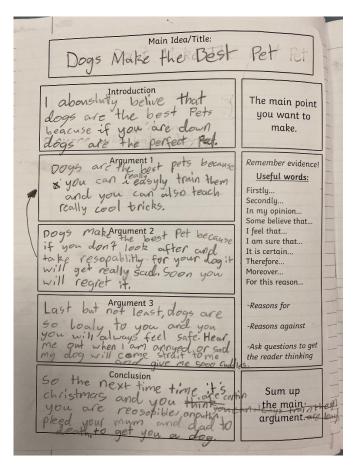


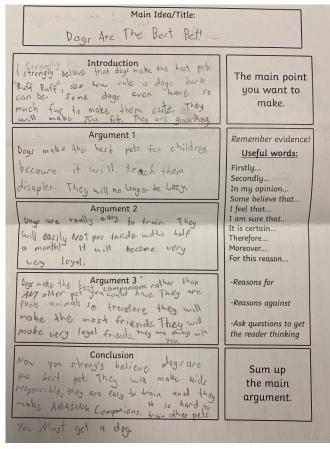


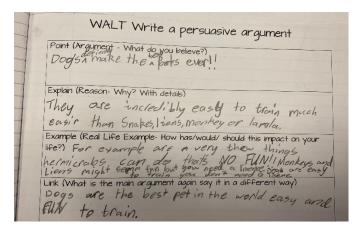


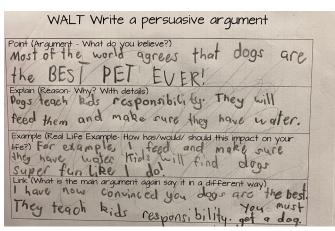
Stage 2 Report

3/4L have been incredibly busy learning, learning, learning. In writing this term we have been developing our persuasive writing skills and learning how to construct persuasive paragraphs.







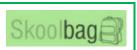


We are also learning about persuasive devices such as high modality language, alliteration and hyperbole. Here are a few excellent examples from the super studious students.

- "Cute, cuddly cats will make you die with laughter when they chase their tails." Anneka.
- "Kangaroos can kick unlike cute cuddly creatures." Lincoln
- "Lulus' Lions lick you to death!" Lulu.
- "Your heart would leave your body if your pet snake bit your friends!" Emily
- "You can cuddle cute cats." Maesey
- "My Gran has great, greedy geckos that gamble!" Lachlan

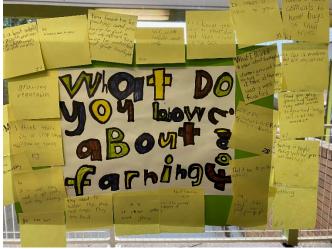




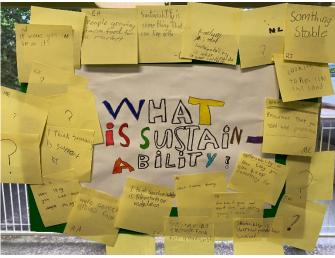


This term in science we are investigating farming and food sustainability. We have started by brainstorming what we already know about the topic.



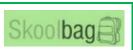












Stage 3 Report Creative Arts

With the start of the new school year, there has been the opportunity for students to experience and learn through our Creative and Performing Arts programs. New students in stage 3 have joined our Junior or Senior Band and our Senior Dance group. Most recently we have formed the Belair Starstruck team ready for Starstruck 2021. We wish these students a fantastic and rewarding year - and one that gives them the chance to perform to a live audience!

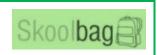
A big thank you to the students who auditioned for our Belair Starstruck team. It was extremely difficult to select only 5 students to complete the team. Congratulations to Xanthe C, Lily G, Ruby A, Alice R and Chloe E who now join Samia B, Lillia C, Charli C, Kaia H, Zala J, Chloe M,Sofia N, Lauren P, Holly S, Ysabel S and Ahlia W.



Absent : Lillia and Ruby







In 5G we have been settling into our classroom routines, expectations of learning and building of our classroom culture of respect and trust. As a part of getting to know each other we have discussed our heritage and used this to do our morning roll in a different language. So far we have said "Bonjour" (French from Heloise, Claudia, Hugo), "Cashoee "(Indian from Sia) and "Guten Morgen" (German from Kai).

Also, we have launched into our science unit that explores food waste and how we can be become changemakers to improve this issue. There will be lots of discussion, researching and creative thinking involved throughout the study. Be prepared to be questioned on how much food your family wastes per week and how as a family you can reduce this. Some of the statistics are amazing!

We waste 7.3 million tonnes of food each year- equivalent to filling 13000 Olympic swimming pools!

Food waste costs the Australian economy \$20 billion dollars each year

One in 5 shopping bags of food end up in the bin = \$3800 worth of groceries per household each year.



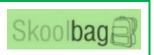












Environment



Show me your waste free lunchboxes Belair! I have been checking out lunchboxes during eating time each day and have seen some fabulous ideas for reducing waste! Keep it up and come and find Mrs Allars in the 4A classroom at Break 1 each day for a photo in the newsletter.

So far.....
Feb 2019
to
Dec 2020
(22 months)

2.4 ton or 6.3 million bread tags

have been Remade here in Delastation



boards





Our Bread Tag collection is going well and we have filled half the jar already this year. Keep sending them in and drop them in the jar in the 4A classroom.

Lids 4 Kids- We are also starting another collection of plastic lids. Please see the information below and check out how many lids this lovely parent has collected already. Send all your lids to the 4A classroom.



Lids4Kids

Leave us the plastic lids from your milk, water, juice and soft drink bottles and they'll be converted into prosthetic hands for kids.

From this

To this





For more information check out:

@Lids4KidsAU @EnvisionESI

https://envision.org.au/envision-hands/





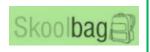




We are seeking volunteers to help with some new recycling programs and helpers will be required to collect items from the office to take to the post office for mailing. Please email the school with attention Mrs Allars or call the school office to volunteer and leave your contact details.





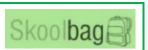


Gold Merit Awards









<u>Clarification for schools - identifying and responding to unwell</u> students.

Students and staff must not attend school or work if they are unwell, even with the mildness of symptoms including fever, cough, sore throat, shortness of breath, loss of taste, and loss of smell. Students need to be symptom free and a negative COVID-19 test result must be received and sighted by the school prior to their return to school.

Students who do not undertake a COVID-19 test are not permitted to return to school for a 10-day period and they must be symptom free for at least 3 days prior to their return.

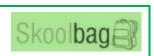
Students who have seasonal allergic rhinitis or another condition that presents similarly to flu-like symptoms are still required to get tested for COVID-19 and return a negative test result. Where their symptoms continue beyond 10 days, students should provide documentation from their GP confirming their symptoms are typical for their condition.

Isolated incidents of sneezing or coughing may not indicate that a student is suffering from an illness. Staff should talk with students about how they are feeling to determine if a cough/sneeze is an isolated incident or whether the student is unwell. Where a student is unwell arrangements should be made to send them home.

COVID-19 testing for very young students or students with complex health or disability may be challenging. In these situations, schools are to ask the parent/carer to have their child assessed by their medical practitioner. Where a medical practitioner determines that a COVID-19 test is not indicated, a medical certificate must be provided to the school to confirm that the student does not have symptoms that warrant a COVID-19 test. The certificate must also indicate that the student is able to return to the school environment.











Student Awards						
КВ	3 4 4 4 4 4	2C	Cooper G, Leila B, Charlie B, Amelia B	4A	Liam B, James T	
KM		2H	Sophia S, Beau J	5 G	Egan C, Heloise D	
KZ		2/3E	Samara R, Tainui M, Oscar S, Elle A, Isobel N	5 B	Alice R, Jamie M	
15	Henry E, Oliver M, Elijah G, Lily L	3B	Thomas N, Erica W	5/6F	Kaiden W, Chareti S	
1B	Emilia J, Rylan D, Ella S, Taylah S	3/4L	Emily H, Matthew H	6 P	Reuben K, Holly S	
1/2M	Macsen G, Phakin P	4B	Ellie F, Keanu S	6W	Cooper M, Ahlia W	

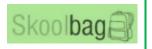


Gold Merit Awards						
Eden G Neive P Phoebe M						
Sundae L	Cooper G	Indi B				
William P						

В	4 <i>ND</i>	
Jayden K	Liam C	







CANTEEN NEWS

Canteen Roster and News ~ Canteen Supervisor Sonja

0438 684 401

The Green Tree Kitchen



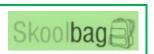
Ordering through Flexischools is preferable. Please go to flexischools.com.au for a full menu. And over-the-counter cash sales are also available for your convenience.

Wednesday 24 th	Thursday 25 th	Friday 26 th	Monday 1 st	Tuesday 2 nd
February	February	February	March	March
Pip J	Jo R	Allison B	Felicity D	Dave T
		Jamie Y	_	

A new Price List for the canteen has been approved by the P&C. Flexi-School's prices will be adjusted accordingly and a hard copy will go home with the kids tomorrow.









Stress-free fussy eating ideas

Fussy eating is common, but that still doesn't make it easy.

Does your child dislike foods because of their colour, texture or the way they are prepared?

Don't despair, SWAP IT will help with ideas on how to pack an everyday lunchbox for your fussy eater.



Try the 3:1 lunchbox rule everyday:

- · Three items your child likes.
- · One new everyday item.





















We have player opportunities for this 2021 season and possibly have players from your school already participating at our club.

Playing Opportunities 2021

Vacant Player Positions - Miniroos and Competition Teams

Magic Youth Football Club have vacant positions in the following age groups:

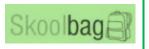
U6 (Boys and Girls), U8girls and U10girls, U12A

(Also potential to create more U6, U7, U8, U9 & U10 teams if enough interest)

email: enquiries@magicyouthfc.com.au









Sunsmart Snippet

Slip on protective clothing







Clothing is an easy way to create a barrier to UV

Choose clothing that:

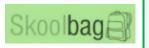
- Covers as much skin as possible
- Is made of tightly woven fabric
- Is a dark colour.

www.sunsmartnsw.com.au









Good for Kids good for life

SUMMER FUN

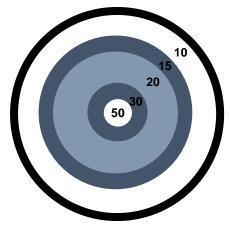
Physical activity makes kids stronger and fitter, they can concentrate and learn better at school, and sleep better at night.

The weather is warm, and it's a great time to get outdoors to get your 60 minutes of activity each day. Just remember to slip, slop slap!

Some fun ideas to stay active in the summer time are:

- Create a slip and slide in your yard with a tarp, water and detergent.
- Go for a bike or scooter ride.
- Go out for a picnic and pack the soccer ball with you.
- Plan a scavenger hunt.
- Use chalk to draw on the path/driveway and play games like hopscotch, or draw a bullseye and use markers or

bean bags to see who can score the most points. On hot days you could use wet sponges or water balloons.







<u>HNELHD-GoodForKids@health.nsw.gov.au</u> http://www.goodforkids.nsw.gov.au/